

# VPK Skills Checklist

Child's Name: \_\_\_\_\_

Birthday: \_\_\_\_\_ Teacher: \_\_\_\_\_

1st Date:

2nd Date:

3rd Date:

## PHYSICAL HEALTH:

### Physical Health

Shows characteristics of good health to facilitate learning			
Demonstrates visual ability to facilitate learning			
Exhibits auditory ability to facilitate learning			
Performs oral hygiene routines			
Shows familiarity with the role of a health care provider			
Knowledge of Wellness			
Shows that basic physical needs are met			
Follows basic health and safety rules			
Participates in physical fitness activities			
Makes wise food choices			
Performs some self-care tasks independently			
Comments:			

### Knowledge of Wellness

**APPROACHES TO LEARNING:**

Shows eagerness and curiosity as a learner

Attends to tasks and seeks help when encountering a problem

Approaches tasks with flexibility and inventiveness

Shows some planning and reflection

**Comments:****SOCIAL & EMOTIONAL DEVELOPMENT:**

Demonstrates self-concept

Shows some self-direction

Follows simple classroom rules and routines

Uses classroom materials carefully

Manages transitions

Interacts with familiar adults

Seeks adult assistance appropriately

Interacts easily with one or more children

Develops special friendships

Participates in class groups

Shows empathy and caring for others

Seeks adult help when needed to resolve conflicts

**Comments:**

**LANGUAGE & COMMUNICATION:**

Gains meaning by listening

Follows two &amp; three step directions

Speaks clearly enough to be understood

Shows an understanding of words and their meaning

Uses an expanded vocabulary to describe many things

Uses age appropriate grammar in conversations

Increasingly uses complex phrases and sentences

Connects phrases and sentences to build ideas

Uses language to express needs, feelings, experiences and to resolve problems

Initiates, asks questions and responds to adults and peers

Uses appropriate language and style for context

**Comments:****EMERGENT LITERACY:**

Shows motivation for reading

Shows age-appropriate phonological awareness

Shows alphabetic knowledge

Shows understanding of text read aloud

Shows motivation to engage in written expression

Uses “like” shapes, symbols, letters to convey meaning (attempts to write name)

Demonstrates age appropriate ability to write letters on request

Shows knowledge of structure of written composition

**Comments:**

**MATHEMATICAL / SCIENTIFIC THINKING:**

Demonstrates understanding of “one-to-one” correspondence

Shows understanding of how to count from 1-15

Shows understanding in the comparison of quantities (equal, less, more than)

Counts up to 31 by understanding the pattern of adding one (with help)

Counts objects and develops sets by number (names 1-15)

Able to indicate “more” when sets are combined

Able to indicate “less” when sets are removed

Adds by manipulating objects up to 10

Subtracts by manipulating objects up to 10

Divides a set into 4 parts (with help)

Recognizes patterns and non-patterns (red/blue, red/blue vs. rainbow)

Duplicates identical patterns with at least 2 elements

Recognizes pattern units

Can separate objects by size and verbalize understanding of the concept

Names, sorts and constructs shapes

Understands that shapes are equal in different orientations

Shows understanding of 3-dimensional shapes (sphere, cone, cube, etc.)

Can compare/contrast weight and height

Uses simple tools to investigate

Ask questions and uses senses to explore

**Comments:**

**SOCIAL STUDIES:**

Understands similarities/differences among others			
Understands family roles and relationships			
Describes some people's jobs			
Demonstrates awareness of rules			
Knowledge of birth date			
Knows full and given name			
Knows address and phone number			
Can carry out simple errands			
Can follow multiple and delayed instructions			
<b>Comments:</b>			

**THE ARTS:**

Participates in group musical experiences			
Participates in creative movement/drama			
Responds to artistic creations or events			
Uses art materials on his/her own			
<b>Comments:</b>			

**MOTOR DEVELOPMENT (GROSS, FINE)**

Moves with balance and control			
Bounces and catches a small ball			
Marches, skips, gallops, walks on tip toe			
Ties shoes			
Uses scissors and writing material with control			
<b>Comments:</b>			