

Developmental Checklists (Birth to Five)



Developmental Checklists (1-3 Months)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

MOTOR

- _____ Retains hold of objects/rattle (1-2 mos.)
- _____ Brings hands towards center of body when lying on his/her back (1-2 mos.)
- _____ Raises head and cheek when lying on stomach (3 mos.)
- _____ Supports upper body with arms when lying on stomach (3 mos.)
- _____ Stretches legs out when lying on stomach or back (2-3 mos.)
- _____ Opens and shuts hands (2-3 mos.)
- _____ Pushes down on his/her legs when feet are placed on a firm surface (3 mos.)
- _____ Occasionally rolls from stomach to back (3 mos.)

COGNITIVE

- _____ Responds to voice (i.e. turn to, wiggle) (0-1 mos.)
- _____ Watches face intently (2-3 mos.)
- _____ Follows moving objects (2 mos.)
- _____ Recognizes familiar objects and people at a distance (3 mos.)
- _____ Starts using hands and eyes in coordination (3 mos.)

LANGUAGE

- _____ Makes sucking sounds (1-2 mos.)
- _____ Smiles at the sound of voices (2-3 mos.)
- _____ Cooing noises; vocal play (begins at 3 mos.)
- _____ Attends to sound (1-3 mos.)
- _____ Startles to loud noise (1-3 mos.)

SOCIAL/EMOTIONAL

_____Makes eye contact (0-1 mos.)

_____Begins to develop a social smile (1-3 mos.)

_____Enjoys playing with other people and may cry when playing stops (2-3 mos.)

_____Becomes more communicative and expressive with face and body (2-3 mos.)

COMMENTS:

Developmental Checklists (4-7 Months)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

MOTOR

- _____ Pushes up on extended arms (5 mos.)
- _____ Pulls to sitting with no head lag (5 mos.)
- _____ Sits with support of his/her hands (5-8 mos.)
- _____ Sits unsupported for short periods (6-8 mos.)
- _____ Supports whole weight on legs (6-7 mos.)
- _____ Grasps feet (6 mos.)
- _____ Transfers objects from hand to hand (6-7 mos.)
- _____ Uses raking grasp (not pincer) (6 mos.)
- _____ Routinely rolls from stomach to back and back to stomach (6 mos.)

COGNITIVE

- _____ Plays peek-a-boo (4-7 mos.)
- _____ Looks for a family member or pet when named (4-7 mos.)
- _____ Explores with hands and mouth (4-7 mos.)
- _____ Tracks moving objects with ease (4-7 mos.)
- _____ Finds partially hidden objects (6-7 mos.)
- _____ Grasps objects dangling in front of him/her (5-6 mos.)
- _____ Looks for fallen toys (5-7 mos.)

LANGUAGE

- _____ Laughs and squeals out loud (4-7 mos.)
- _____ Distinguishes emotions by tone of voice (4-7 mos.)

- _____ Responds to sounds by making sounds (4-6 mos.)
- _____ Responds to “bye bye” by waving (4-7 mos.)
- _____ Uses voice to express joy and displeasure (4-6 mos.)
- _____ Localizes or turns toward sounds (5-6 mos.)
- _____ Syllable repetition begins (5-7 mos.)

SOCIAL/EMOTIONAL

- _____ Enjoys social play (4-7 mos.)
- _____ Interested in mirror images (5-7 mos.)
- _____ Can calm down within 1/2 hour when upset (6 mos.)
- _____ Responds to other people’s expression of emotion (4-7 mos.)

COMMENTS:

Developmental Checklists (8-12 Months)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

GROSS MOTOR

- _____ Crawls forward on belly (8-9 mos.)
- _____ Assumes hand and knee position (8-9 mos.)
- _____ Gets to sitting position without assistance (8-10 mos.)
- _____ Pulls self up to standing position at furniture (8-10 mos.)
- _____ Creeps on hands and knees (9 mos.)
- _____ Gets from sitting to crawling or prone (lying on stomach) position (9-10 mos.)
- _____ Walks holding on to furniture (10-13 mos.)
- _____ Stands momentarily without support (11-13 mos.)
- _____ May walk two to three steps without support (11-13 mos.)

FINE MOTOR

- _____ Uses pincer grasp (using thumb and index finger) (7-10 mos.)
- _____ Bangs two one-inch cubes together (8-12 mos.)
- _____ Pokes with index finger (9-12 mos.)
- _____ Puts objects into container and takes objects out of container (10-12 mos.)
- _____ Tries to imitate scribbling (10-12 mos.)

COGNITIVE

- _____ Looks at correct picture when image is named (8-9 mos.)
- _____ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)
- _____ Enjoys looking at pictures in books (9-12 mos.)
- _____ Imitates gestures (9-12 mos.)
- _____ Engages in simple games (peek-a-boo, pat-a-cake, etc.) (9-12 mos.)
- _____ Finds hidden objects easily (10-12 mos.)

LANGUAGE

- _____ Babbles “dada” and “mama” (7-8 mos.)
- _____ Babbles with inflection (7-9 mos.)
- _____ Says “dada” and “mama” for specific person (8-10 mos.)
- _____ Responds to “no” by briefly stopping activity and noticing adult (9-12 mos.)
- _____ Responds to simple verbal requests, such as “give me” (9-14 mos.)
- _____ Makes simple gestures, such as shaking head for “no” (12 mos.)
- _____ Uses exclamations, such as “uh-oh” (12 mos.)

SELF-HELP

- _____ Finger-feeds him/herself (8-12 mos.)
- _____ Extends arm or leg to help when being dressed (9-12 mos.)
- _____ May hold spoon when feeding (9-12 mos.)

SOCIAL/EMOTIONAL

- _____ Shy or anxious with strangers (8-12 mos.)
- _____ Cries when mother or father leaves (8-12 mos.)
- _____ Enjoys imitating people in his/her play (10-12 mos.)
- _____ Shows specific preferences for certain people and toys (8-12 mos.)
- _____ Prefers mother and/or regular care provider over all others (8-12 mos.)
- _____ Repeats sounds or gestures for attention (10-12 mos.)
- _____ May test parents at bed time (9-12 mos.)

COMMENTS:

Developmental Checklists (12-24 Months)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

GROSS MOTOR

- _____ Walks alone (12-16 mos.)
- _____ Pulls toys behind him/herself while walking (13-16 mos.)
- _____ Carries large toy or several toys while walking (12-15 mos.)
- _____ Begins to run stiffly (16-18 mos.)
- _____ Climbs onto and down from furniture unsupported (16-24 mos.)
- _____ Walks up and down stairs holding on to support (18-24 mos.)

FINE MOTOR

- _____ Scribbles spontaneously (14-16 mos.)
- _____ Turns over container to pour out content (12-18 mos.)
- _____ Builds tower of four blocks or more (20-24 mos.)
- _____ Completes simple knobbed wooden puzzles of 3-to-4 pieces (21-24 mos.)

LANGUAGE

- _____ Says "no" with meaning (13-15 mos.)
- _____ Follows simple, one-step instructions (14-18 mos.)
- _____ Says several single words (15-18 mos.)
- _____ Recognizes names of familiar people, objects and body parts (18-24 mos.)
- _____ Points to object or picture when it is named for them (18-24 mos.)
- _____ Repeats words overheard in conversations (16-18 mos.)
- _____ Uses two-word sentences (18-24 mos.)

COGNITIVE

- _____ Finds objects even when hidden under 2 or 3 covers (13-15 mos.)
- _____ Will listen to short story book with pictures (15-20 mos.)
- _____ Identifies one body part (15-24 mos.)
- _____ Begins to sort shapes and colors (20-24 mos.)
- _____ Begins make-believe play (20-24 mos.)

SELF-HELP

- _____ Starts to feed self with spoon, with some spilling (13-18 mos.)
- _____ Likes to play with food when eating (18-24 mos.)
- _____ Can put shoes on with help (20-24 mos.)
- _____ Can open doors by turning knobs (18-24 mos.)
- _____ Can drink from open cup, with some spilling (18-24 mos.)

SOCIAL/EMOTIONAL

- _____ Imitates behavior of others, especially adults and older children (18-24 mos.)
- _____ Increasingly enthusiastic about company or other children (18-24 mos.)
- _____ Demonstrates increasing independence (18-24 mos.)
- _____ Begins to show defiant behavior (18-24 mos.)
- _____ Episodes of separation anxiety increase toward mid-year, then fades

COMMENTS:

Developmental Checklists (24-36 Months)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

GROSS MOTOR

- _____ Climbs well (24-30 mos.)
- _____ Walks down stairs alone, placing both feet on each step (26-28 mos.)
- _____ Walks up stairs, alternating feet with support (24-30 mos.)
- _____ Swings legs to kick ball (24-30 mos.)
- _____ Runs easily (24-26 mos.)
- _____ Pedals tricycle (30-36 mos.)
- _____ Bends over easily without falling (24-30 mos.)

FINE MOTOR

- _____ Makes vertical, horizontal and circular strokes with pencil or crayon (30-36 mos.)
- _____ Turns book pages one at a time (24-30 mos.)
- _____ Builds a tower of more than 6-blocks (24-30 mos.)
- _____ Holds a pencil in writing position (30-36 mos.)
- _____ Screws and unscrews jar lids, nuts and bolts (24-30 mos.)
- _____ Turns rotating handles (door knob) (24-30 mos.)

LANGUAGE

- _____ Uses pronouns (I, you, me, we, they) (24-30 mos.)
- _____ Understands most sentences (24-40 mos.)
- _____ Recognizes and identifies almost all common objects and pictures (26-32 mos.)
- _____ Shows frustration when not understood by others (28-36 mos.)
- _____ Understands physical relationships (on, in, under) (30-36 mos.)
- _____ Can say name, age and sex (30-36 mos.)

- _____ Uses words to communicate wants and needs (30-36 mos.)
- _____ Knows simple rhymes and songs (30-36 mos.)
- _____ Strangers can understand most of his/her words (30-36 mos.)

COGNITIVE

- _____ Makes mechanical toys work (30-36 mos.)
- _____ Plays make-believe with dolls, animals and people (24-36 mos.)
- _____ Sorts objects by color (30-36 mos.)
- _____ Completes puzzles with 3 or 4 pieces (24-36 mos.)
- _____ Understands concept of “two” (26-32 mos.)
- _____ Listens to stories (24-36 mos.)
- _____ Knows several body parts (24-36 mos.)

SELF-HELP

- _____ Can pull pants down with help (24-36 mos.)
- _____ Helps put things away (24-36 mos.)
- _____ Serves self at table with some spilling (30-36 mos.)

SOCIAL/EMOTIONAL

- _____ Uses the word “mine” often (24-36 mos.)
- _____ Says “no,” but will still do what is asked (24-36 mos.)
- _____ Objects to major changes in routine, but is becoming more compliant (24-36 mos.)
- _____ Begins to follow simple rules (30-36 mos.)

COMMENTS:

Developmental Checklists (3-4 Years)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

GROSS MOTOR

- _____ Hops and stands on one foot for up to 5-seconds
- _____ Goes upstairs and downstairs without support
- _____ Kicks a ball forward and throws a ball overhand
- _____ Catches bounced ball most of the time
- _____ Moves forward and backward
- _____ Uses riding toys

FINE MOTOR

- _____ Copies square shapes
- _____ Draws a person with 2-4 body parts
- _____ Uses scissors
- _____ Draws circles and squares
- _____ Begins to copy some capital letters

LANGUAGE

- _____ Understands the concepts of "same" and "difference"
- _____ Has mastered some basic rules of grammar
- _____ Speaks in sentences of 5-6 words
- _____ Asks questions
- _____ Speaks clearly enough for strangers to understand
- _____ Tells stories

COGNITIVE

- _____ Correctly names some colors
- _____ Understands the concept of counting and may know a few numbers
- _____ Begins to have a clearer sense of time
- _____ Follows three-part commands
- _____ Recalls part of a story
- _____ Engages in fantasy play

SELF-HELP

- _____ Can feed self with spoon without spilling
- _____ Washes and dries hands and face
- _____ Can do simple household tasks (help set the table)
- _____ Can put on simple clothing items with help for buttons, zippers, shoelace, etc.
- _____ Can run a brush or comb through own hair

SOCIAL/EMOTIONAL

- _____ Interested in new experiences
- _____ Cooperates/plays with other children, sharing his/her toys
- _____ Can stay on topic during conversations
- _____ More independent
- _____ Plays simple games with simple rules
- _____ Often cannot distinguish between fantasy and reality
- _____ May have imaginary friends or see monsters

COMMENTS:

Developmental Checklists (4-5 Years)

If you are concerned about your child's development, contact the Early Learning Coalition of Duval for information on screenings, evaluations, and assessments.

Child's Name: _____ DOB: _____

Parent or Guardian: _____

MILESTONES

Date Observed: _____

GROSS MOTOR

_____ Stands on one foot for 10-seconds or longer

_____ Hops, somersaults

_____ Swings and climbs

_____ May be able to skip

FINE MOTOR

_____ Copies triangles and other geometric patterns

_____ Draws person with body

_____ Prints some letters

_____ Dresses and undresses without assistance

LANGUAGE

_____ Recalls parts of a story

_____ Speaks sentences of more than 5-words

_____ Uses future tense

_____ Tells longer stories

_____ Says name and address

COGNITIVE

_____ Can count 10 or more objects

_____ Correctly names at least 4-colors

_____ Works in small groups for 5-10 minutes

_____ Better understands the concept of time

_____ Knows about things used every day in the home (money, food, etc.)

SELF-HELP

_____ Uses fork and spoon independently

_____ Can chew with mouth closed

_____ Goes to the bathroom independently, with reminders

_____ Undresses independently, may be able to unbutton and unzip

SOCIAL/EMOTIONAL

_____ Wants to please

_____ Prefers to be with friends

_____ More likely to agree to rules

_____ Likes to sing, dance and act

_____ Shows more independence

COMMENTS: