



INCREASING COMMUNICATION



EXAMPLES OF INFORMATION THAT CENTERS CAN SHARE WITH FAMILIES

Ways a Parent Can Help with **READING**

1

Let your child see you reading!

Have magazines and books in your home.

2

Help your child find appropriate word & reading games on the computer.

Keep a dictionary on hand. Help your child look up new words they read or hear.

3

Read mysteries with your child and try to figure out the clues together.

4

Movie version coming out?

Read the book together first, then talk about which you each liked better.

5

Set aside a time and place for your child to read -

like a comfy chair and a reading light in a quiet place

6

Visit your public library regularly.

Look for and read together the books that were your favorites when you were a kid.

7

Encourage your child to write -

letters, thank you notes, emails, journals, lists, stories about their own trips, events, and daily life

8

Ask your child questions about what he or she is reading, such as:

- What is the story about?
- Who are the important characters in the story?
- Where does the story take place?
- Why do you think the character made that choice?
- Why did that happen?
- How did you know about...?
- Would you recommend this book to your friends?

9

Ask your child to draw a comic strip about what happens in the story.

Provide word searches, crossword and other word games and puzzles, or help your child make his/her own



Share with your child about what you're reading... and encourage your child to do the same



Life might be a little more challenging if your child has a developmental delay, disability or complex medical condition. As a parent, you may be concerned about your child's development, or simply need support along the way.

The Ellenbrook Parents of Children with Challenges

is a community of parents who meet to share their experiences, and lend support. If you have a child who has different needs, we welcome you and your child to join us.



Join our Facebook Page Parents of Children with Challenges

Find out more by contacting Emma at **0419 914 986** or **emma@jtk.com.au**.
Coffee and tea will be provided.



Join us on **Friday 19 May, 9.30am – 11.30am**
at the Ellenbrook Community Library Sunroom, then every second Friday thereafter.

FIGHT CHILDHOOD OBESITY



Parents and kids should eat more fruits, veggies and whole grains.



60
mins.
DAILY

**GET
MOVING!**

support **FOSTER CARE** today.



Right now in your community there are children who need your help. North Georgia has more than 7,000 youth in its child welfare system and faces a severe shortage of homes.

Will you take the time to transform a life today?

5 Easy Ways Everyone Can Get Involved in Foster Care

1

Be approved to provide childcare and give our foster parents a much-needed break or date night

2

Give new clothing to The Children's Home for a child who comes into care with no possessions

3

Offer your expertise to teach a life skill to an older foster youth, helping to prepare them for life as an independent adult

4

Donate family memberships to the zoo, aquarium, or museum

5

Invite Children's Home staff to lead an informational meeting at your church or organization

"Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

Matthew 25:40

Learn more simple ways to support foster care at
www.umchildrenshome.org